

Provincial Highlights

<https://www.princeedwardisland.ca/en/information/education-early-learning-and-culture/student-well-being-teams>

1. New sites are being completed for the Three Oaks FOS (located at Summerside Intermediate School) and Kinkora/Kensington FOS (located at Kensington Intermediate Senior High School) along with the Charlottetown Rural Family of Schools (located at Stonepark Junior High School). We're looking forward to filling these sites with our new teams.
2. Many health staff within our teams have completed DBT Skills in Schools training and are finding ways to provide this new learning to students and families in schools.
3. Teams are beginning the process to developing consistent and current presentations aligned with four themes often presented as areas of needs for our schools. The themes are: Coping Skills for Distress and Stress, Healthy Relationships, Healthy Lifestyles, and Emotional Regulation.

Montague Family of Schools: Student Well-being Team (SWT) News

The team members of the Montague Family of Schools wish all students and their families/caregivers a wonderful school year. We look forward to offering service and programs this school year. Sincerely, Mark, Sherri, Juliana, Debbie, Michelle, Craig and Colleen.

(optional: add picture of team). Please note missing from picture are Craig and Colleen.



What is Triple P? Triple P is a free Positive Parenting Program that is regularly offered in your school area by the Student Well-being Team! It gives parents simple tips to help manage the big and small problems of family life! Triple P is one of the few parenting programs in the world with evidence to show it works for most families.



**Supporting Island students and their families to be the best they can be.
Aider les enfants de l'île et leurs familles à donner le meilleur d'eux-mêmes.**



Want more information, check out the next program offer, and/or visit the link
<https://www.triplep-parenting.ca/can-en/find-help/triple-p-parenting-in-prince-edward-island/>

Upcoming Free Triple P Parenting Sessions in the Montague Family of Schools Region:

Triple P Parenting Information Session for parents of children aged 0-12. Topic called 'The Power of Positive Parenting'. Oct 9th 6pm Families First Montague. Call 902 838 4600 to sign up. Drop ins also welcome.

Triple P Parenting Information Session for parents of teens. Topic called 'Raising Responsible Teenagers'. Nov 6th 6pm Families First Montague. Call 902 838 4600 to sign up. Drop ins also welcome.