

David Wood, Principal

Student of the Month

Awards for September: Congratulations to the following students who received student of the month awards for September:

Scarlett Demeulenaere **Drew MacDonald** Saul Visser Maridyth Francis Annabelle Beaudoin **Rhys Martin** Ethan MacLeod Lexi Anderson Matthew MacLean Britt White Liam Roche Caleb Foote Braydon Lee Brycen Campbell Landon Lea Lily MacLean

Phys Ed: Rilla Drake Ethan MacLeod

French:	Caleb Foote		
	Locklyn MacDonald		

Music: Liza Thaxter

Band: Charlie McCabe

Golf:

Well done to Beckett Campbell, Nick Powers, Mason MacKenzie and Jack Bastedo who represented VRCS at the Zone 4 Golf Meet last week in Avondale. The athletes participated in both individual and team play, with Beckett, Nick and Mason qualifying for Provincials in the team scramble on October 11th. Good luck team!



Outdoor Club:

Outdoor club has officially begun! It will include a mix of at-school and off-site visits for grades K-9 and takes place after school on Thursdays. Unfortunately, transportation will not be provided this time around and we are asking for parents to arrange transportation to the different locations. Please contact Ms. Adams if you are interested in registering your child.

Zone 4 Cross Country Meet:

The Zone 4 Cross Country meet will be held on Thursday, October 12th at Southern Kings Consolidated School. We have a large number of Pre-Novice and Novice runners participating. Following is a copy of the race schedule:

Time	Event	Grade	Distance
11:30	Pre- Novice girls	3&4	1.5 km
12:00	Pre- Novice boys	3&4	1.5 km
12:30	Novice girls	5&6	2 km
1:00	Novice boys	5&6	2 km

Grade 6 and 9 Immunizations:

Immunizations for grade 6 and 9 students will be administered on Friday, October 13th (morning).

Lori Targett, Vice-Principal

No Classes – October

27th: Parents are reminded that there will be no classes on Friday, October 27th – Professional Learning Day.

Grade 9 Fundraisers:

The following fundraisers are scheduled for the last week of October, with proceeds going to the grade 9 end of year activities.

Bake Sale – On Tuesday, October 17th the grade 9 class will be holding a bake sale.

Theme Days - \$1.00 for each theme day - or whatever donation you can make would be greatly appreciated.

Monday, October 30th (Orange and Black Day)

Tuesday, October 31st (Costume Day - No Masks)

Wednesday, November 1st (P.J. Day)

Thursday, November 2nd (Anything But a Back-Pack Day)

Friday, November 3rd (Hat Day/Crazy Hair Day)

Thank you for supporting the grade 9 class in their fundraising efforts!



Battery Recycle Program:

We are super excited that your school will be participating in the Battery Blitz Contest this October!

Your School's Mission is to recycle as many used batteries as you can by encouraging students, parents, staff, and community members to bring their used batteries to your school and deposit them into the Call2Recycle collection boxes.

The contest kicked off on October 2nd and participating schools will have until November 3rd, 2023 to collect used batteries.

The schools that collect the largest volume of batteries (by weight) will win a cash prize - \$3,000 for first, \$2,000 for second, and \$1,000 for third place winners.

Public Schools Branch Facilities - Scent Free:

Just a reminder to all staff, students and visitors that they are expected to refrain from using, wearing and bringing scented products and materials to a PSB facility. Thank you for your cooperation in providing a safe and healthy working and learning environment for employees, students and the general public.

October 27 PD Day – KidproofPEI:

There is no school on October 27th, but join us for a fun fantastic day of learning to become a great babysitter with KidproofPEI!!!!

When?	9am-4pm
	582 North River Rd
	Charlottetown
How?	Register by visiting
	www.kidproofpei.com

From the PEI Home and School Federation:

Home & School News, October 2023

Semi-Annual Meeting

The PEI Home and School Federation's Semi-Annual Meeting will be held on Monday, October 23, 2023, 6:00-8:00 PM at Central Queens Elementary School, 19821 Rte 2, Hunter River, PE COA 1N0. Light refreshments provided.

"HELP MY CHILD" Panel Discussion topics/ speakers will include:

- 1. What is Home & School? David Schult, Former international school teacher and administrator having worked overseas for over 24 years, in seven countries before returning to Canada in 2021, will provide background and context to what Home and School is and does.
- 2. COMPASS Student Health Survey! Cody Davenport, PEI COMPASS Research Project Lead, PEI Chief Public Health Office, will present student health survey results about their health and health behaviours including sedentary behaviours, physical activity, mental health, healthy eating, substance use, bullying, academic outcomes, and sleep.
- 3. Screens in Schools: simple ways to maximize the benefits and minimize the harms! Dr. Travis Saunders, PhD, CSEP CEP, Professional Kinesiologist (he/him), UPEI Associate Professor, Dept. Applied Human Sciences. Screens are an increasingly regular part of the school day bringing both opportunities and challenges for student learning and health. Dr. Saunders will give an overview of research on the ways that schools can maximize the benefits and minimize the harms of screen use in schools.

REGISTER by Oct. 18/23 using the Online Registration Form linked here:

https://docs.google.com/form s/d/1jqKPoXSDO1MH9GulZ 9Hp3xqXJbtNXtr1dENvPmP mqEM/edit

What's on your Home

and School agenda? Home and School = TEAMWORK Meet with the principal/other school staff in Sept./Oct. to set goals for the 2023-2024 school year.

- Add discussion about collaborative ways to support the school to your agenda
- Add activities and educational topics (e.g., COMPASS Student Health Survey)
- Add Federation monthly news (e.g., Semi-Annual, Oct. 23; Training Wksps, Nov. 6 & 7)
- Add gov. announcements applicable to student learning and supports
- Add fundraising initiatives discussion and determine the purpose

REMEMBER: Everything we (parents and teachers) do is for students' benefit!

Training Workshops for Volunteers

Vicki Bryanton and Stephen Gould will lead Home and School Training Workshops as follows:

Nov. 6 - Miscouche Consolidated School 6:30 – 8:00 PM

Nov. 7 - West Royalty Elementary School 6:30 – 8:00 PM

All school volunteers are welcome! No cost.

Register by emailing peihsf@gov.pe.ca or call 902-620-3186 by Nov. 1st. Parent Leadership Grants Funds are available for up to \$500 per Home and School Association to organize parent educational, leadership initiatives in your school community. For more information, go to: https://peihsf.ca/grants/

Questions? Contact the Federation office at: 902-620-3186 / 1-800-916-0664 / <u>peihsf@gov.pe.ca</u>

Follow PEIHSF on Twitter @peihsf and Facebook at: PEI Home and School Federation

